



Refreshment Break (AM)

Avocado, cheese, and tomato sandwich, apple & mixed berry muffin, steamed vegetable dumpling (veg)

Lunch

Roast Tomato Soup with Basil (Veg)

Chicken curry with coconut rice, cucumber and broccoli (Halal)

Or

Thai vegetable green curry with bean curd, coconut rice, cucumber and broccoli (Veg - no tomato and no chili)

Apple crumble with vanilla ice cream

Refreshment Break (PM)

Asparagus and mushroom quiche, Indian vegetable samosa and chocolate chip cookies