



THE ZUBIN FOUNDATION

IMPACT REPORT

JULY 2019 - JUNE 2020

**The Zubin Foundation improves the lives of Hong Kong's
marginalized ethnic minorities.**

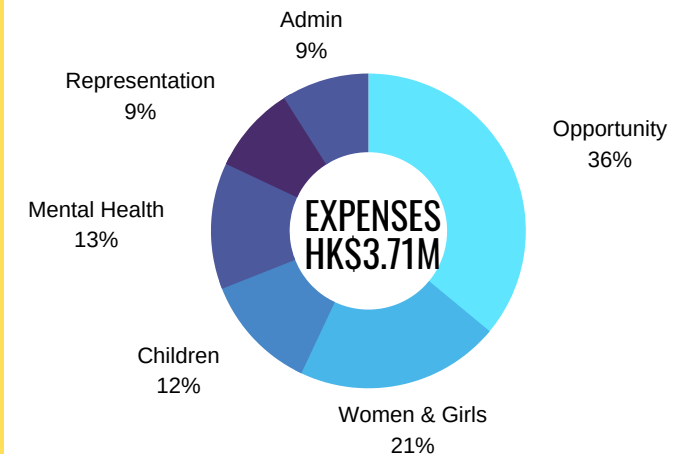
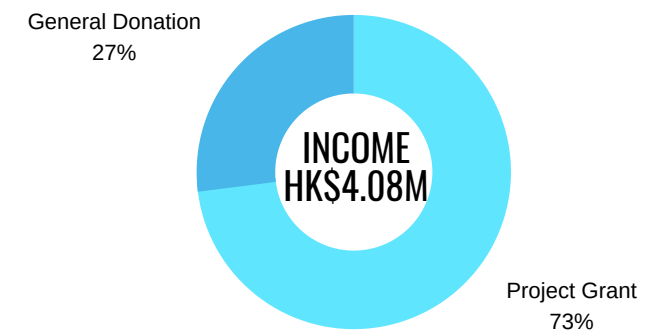
WWW.ZUBINFOUNDATION.ORG



OUR FINANCES

2019

| | 2015 | 2016 | 2017 | 2018 | 2019 |
|---------------------------------|-------------|-----------|-------------|-------------|-------------|
| Total Income HKD (Audited) | \$300,000 | \$460,000 | \$1,540,000 | \$2,390,000 | \$4,080,000 |
| Total Expenditure HKD (Audited) | \$480,000 | \$460,000 | \$1,530,000 | \$2,340,000 | \$3,710,000 |
| (Loss)/Surplus HKD (Audited) | (\$180,000) | - | \$10,000 | \$50,000 | \$367,000 |
| % on Admin. | 11% | 9% | 9% | 9% | 9% |
| % on Projects | 89% | 91% | 91% | 91% | 91% |



SUMMARY

#We Help Because We Can ... but we need your help!



CALL MIRA HELPLINE FOR WOMEN AND GIRLS IN CRISIS

CALL MIRA is only helpline for Women and girls in the ethnic minority community - in English, Urdu and Hindi. We work together with a Legal Support team, safe shelter homes and other NGOs. The helpline runs 5 days a week from 9am to 5pm.

RECEIVED

HELPED

1,330

CALLS

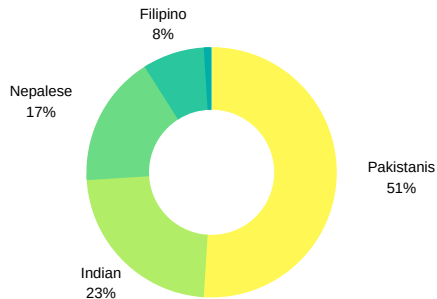
732

WOMEN AND GIRLS

ISSUES

COVID EMERGENCY RELIEF
Domestic Violence Legal Support HEALTH Mental health
EDUCATION Employment
FORCED MARRIAGE Social Welfare Services

ETHNICITY OF CALLERS



SUPPORT GROUPS FOR WOMEN AND GIRLS IN CRISIS

The support groups are a safe place for women to build friendships, share their struggles and find moments of reprieve from their life at home. Facilitated by The Zubin Foundation counsellors, our aim is to enhance the self-esteem of women and to give them access to lifelong coping skills.

LIVES IMPROVED

HELD IN

57

WOMEN AND GIRLS

8

DISTRICTS

"I have received a lot of help and a lot of gifts...to make time for myself, exercise. I have learned many tips. All of us in this group know each other and are good friends."

"Thank you for these sessions; we have learnt how to manage life situations through the case studies we talked about"

"I am sad that we can't meet during COVID-19..."

MENTORING DESI GIRLS FRIENDSHIP CIRCLE

Many of our EM young women are first generation university goers. We match them with South Asian Women role models who are their mentors.

Our aim is to give girls a safe space to share as well learn about how to manage cultural conflicts, parental pressures, achieve personal dreams and build resilience.

LIVES IMPROVED

MENTORS

30

YOUNG WOMEN

12

SOUTH ASIAN WOMEN

"The Desi girls event has been extremely meaningful to me. It has made me realise the power of a woman and that no matter what, one must persevere."

"I would like to say thank you from the bottom of my heart! These gathering have helped me so much, I have learnt a lot and have realised the importance of an 'all-girls' meetup. We can be open to each other and can share our stories without any fear. The mentors are all amazing women who continue to inspire us. They give a lot of useful advice on how to tackle different situations in life. These gathering are truly eye opening for me!"

PARENTING TRAINING WORKSHOPS

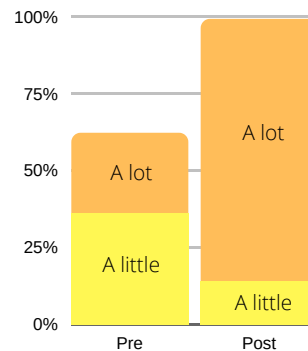
Ethnic minority parents receive little or no help in public schools for their children with special needs - mostly ADHD and autism. Many families are torn apart because of the stress at home. Public schools lack experience and language skills in dealing with ethnic minority parents. TZF works with schools and families to help their children.

HELPED
366
PARENTS

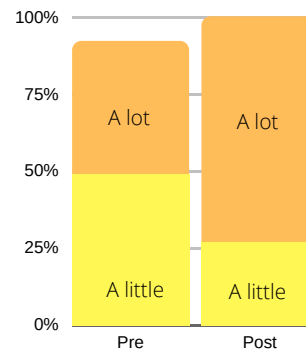
INVITED BY

30
SCHOOLS AND NGOS

**BEFORE:
HOW MUCH DID YOU
KNOW ABOUT
ADHD/AUTISM**



**AFTER:
HOW WELL DO YOU
UNDERSTAND YOUR
CHILDREN'S DIFFICULTIES**



"My child doesn't listen when I tell him to stop. As a mother I yell at him and he cries. I cry too and feel, I'm not being a good mother."

"This is the first time, the school has organized a non-Chinese workshop, otherwise everything is in Chinese. I use google translation to translate information."

SUPPORT GROUPS MOTHERS OF SPECIAL NEEDS CHILDREN

Many of our ethnic minority mothers have a fairly low level of education and have never heard the terms such as 'AUTISM' and 'ADHD', before they were told by the school. They are confused about why their children may be defiant or badly behaved. They blame themselves or feel they have been cursed. They sometimes use very traditional ways of parenting and feel guilty about doing so.

The Zubin Foundation creates a safe place for mothers of special needs ethnic minority children to meet, learn and share. The ultimate aim is for women to be able to make friends and rely on others for support.

HELPED
42
MOTHERS

HELPED
50
SPECIAL NEEDS CHILDREN

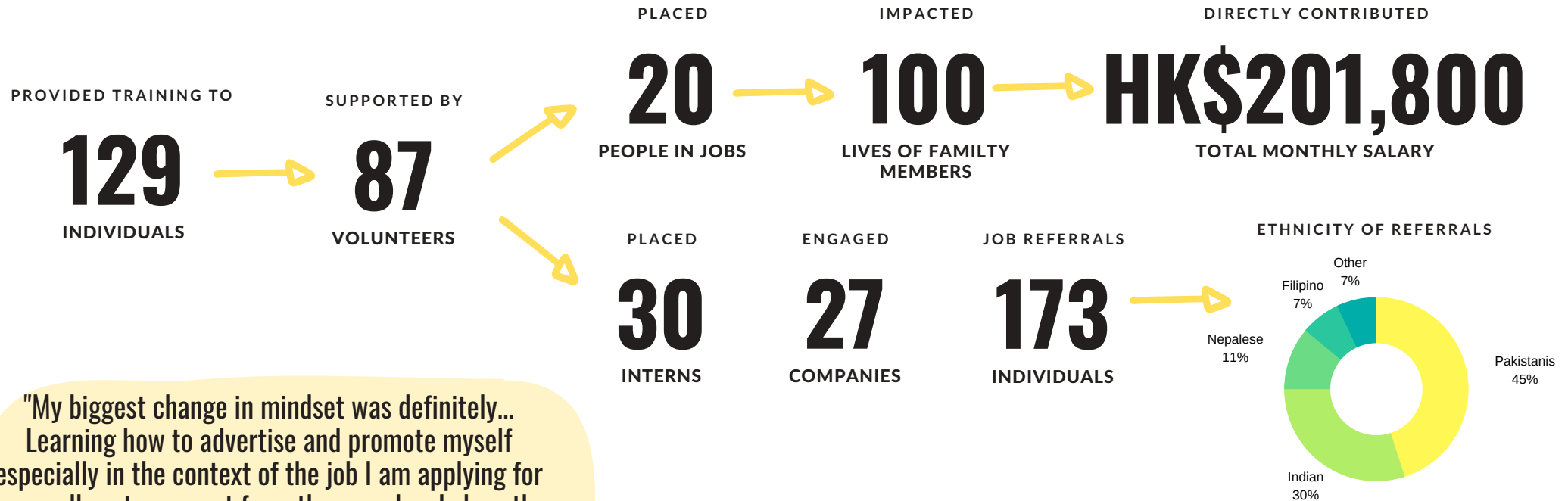
IN
8
DISTRICTS

"The Zubin Foundation who took their valuable time for us...Talking about me I felt amazing sharing my problems...What I learned in these sessions were to be positive... [with my special needs child] ...I hope we will have sessions like this in the future."

JOBS

TRAINING, INTERNSHIPS AND PLACING

Jobs are critical to breaking the cycle of poverty in the ethnic minority community and to enhancing self esteem. The Zubin Foundation works at enhancing the employability of ethnic minorities by providing training, internships, job matching. This is part of our project called OPPORTUNITY BANK.



"My biggest change in mindset was definitely... Learning how to advertise and promote myself especially in the context of the job I am applying for can really set me apart from the crowd as I show the employer exactly what I can do for them and why they should hire me. Thank you so much to Barclays and The Zubin Foundation for making this experience possible and for giving me this opportunity."

"My first week at dragon capital was really good. As I said before my line manager Babita is really nice and assigns me work which I am learning a lot from."

"The training was a great experience and not only did I learn a lot, but I was supported along the way with plenty of communication from The Zubin Foundation."

MENTAL HEALTH COUNSELLING

EM WELL-BEING CENTRE

The Zubin Foundation that provides the only mental health counselling service to lower income ethnic minorities in English, Hindi and Urdu. Working with The University of Hong Kong, Department of Psychiatry, we provide 1:1 counselling to service users who suffer from Depression, Anxiety and Stress two days per week, starting in September 2019. We also refer more serious cases to the Hospital Authority for psychiatry intervention through other NGOs we work with.

CONDUCTED

237

COUNSELLING SESSIONS

WORTH

HK\$237,000

MINIMUM MARKET VALUE

BENEFITED

37

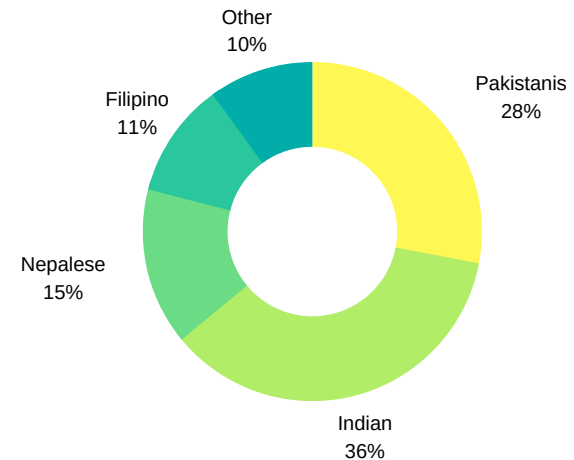
CLIENTS DIRECTLY

IMPROVED THE LIVES

185

DIRECT FAMILY MEMBERS

ETHNICITY



CARE BOX

Feeding the Hungry

CARE BOX was an immediate response to feed the hungry in the ethnic minority community during Covid-19. With widespread unemployment particularly in airport related industries, catering and construction, we received a massive increase in numbers of calls for food. Thus The Zubin Foundation decided to run the CARE BOX project with support from numerous volunteers and donors.

CARE BOXES FOR

1,967

FAMILIES

BENEFITED

9,835

DIRECT FAMILY MEMBERS

PROVIDED

118,020

PERSON MEALS

WORTH

HK\$986,642

IN MARKET VALUE

SUPPORTED BY

468

VOLUNTEERS

DISTRIBUTED

31,670

CHILDREN MASKS

DISTRIBUTED

96,520

ADULT MASKS

"We got the boxes this evening...
thank you so much... we really
appreciate what you did for us...
thanks... May Allah bless and help
all of you"

"Thank you so much (The) Zubin foundation
for all your support and help in this
difficult time! We really appreciate it"

"Having constant support from (The) Zubin Foundation,
I am so Grateful and Thankful of you Guys ... The
(staff) members have been constantly working on the
needs of needy whether it is job or daily needs , also I
sincerely Thanks a load for your humorous support.
(The) Zubin Foundation have been doing tremendous
job . You guys nailed it. Keep doing the wonderful
work."

DIVERSITY LIST

Putting forward ethnic minorities for HKSARG Advisory and Statutory Bodies

Since 2016, the Zubin Foundation has put forward a DIVERSITY LIST to the HKSARG each year. Our aim is to enhance the voices of ethnic minorities on HKSARG Advisory and Statutory Bodies. We believe that this is critical to ensure that systemic problems that exist for the community are understood and addressed. The HKSARG has been extremely receptive to greater ethnic diversity on the HKSARG Advisory and Statutory Bodies.

PUT FORWARD

98

INDIVIDUAL SINCE MARCH 2016

MADE

32

APPOINTMENTS SINCE
MARCH 2016

APPOINTMENTS MADE TO MANY ADVISORY AND STATUTORY BODIES OF THE HKSARG INCLUDING:

- Personalized vehicle registration marks,
- Inland Revenue Ordinance
- Sir David Trench Fund Committee
- Food Wise Hong Kong Steering Committee
- Committee of Promotion of Racial Harmony
- Commission on Poverty
- Commission on Children
- Youth Development
- Equal Opportunities Commission
- Independent Police Complaints Councils Commission
- Criminal and Law Enforcement Injuries
- Enterprise Support Scheme Assessment Panel
- Hong Kong Deposit Protection Board
- Committee on Mental Health
- Estate Agent Authority
- Listing Committee of the HXEX
- Student Committee Education Bureau

RAISING AWARENESS OF THE HKSAR GOVERNMENT

It is important for the work we at the Zubin Foundation do to enhance the understanding of the government about the issues that the ethnic minority faces. We do this by using formal and informal channels.

One public policy submission was made. Number of meetings were held with HKSARG Bureau and departments including Education Bureau, Social Welfare Department, Security Bureau and Committee for Mental Health.

AT LEAST

1

FORMAL PUBLIC POLICY
SUBMISSION MADE

8

FORMAL MEETINGS WERE
HELD WITH VARIOUS
BUREAU AND
DEPARTMENTS

DONATE NOW

The Zubin Mahtani Gidumal Foundation Limited is a registered charity in Hong Kong (IR 91/12344).
All donations over \$100 will receive a donation receipt.

Different ways of donating:

1) Donate with Paypal

on our website :

www.zubinfoundation.org/donate



2) Donation by cheque should be made payable to "The Zubin Mahtani Gidumal Foundation Limited" and posted to:

The Zubin Mahtani Gidumal Foundation Limited

5/F, Unit F-J, Blk 2

Kwai Tak Industrial Centre

15-33 Kwai Tak Street

Kwai Chung, N.T.,

Hong Kong

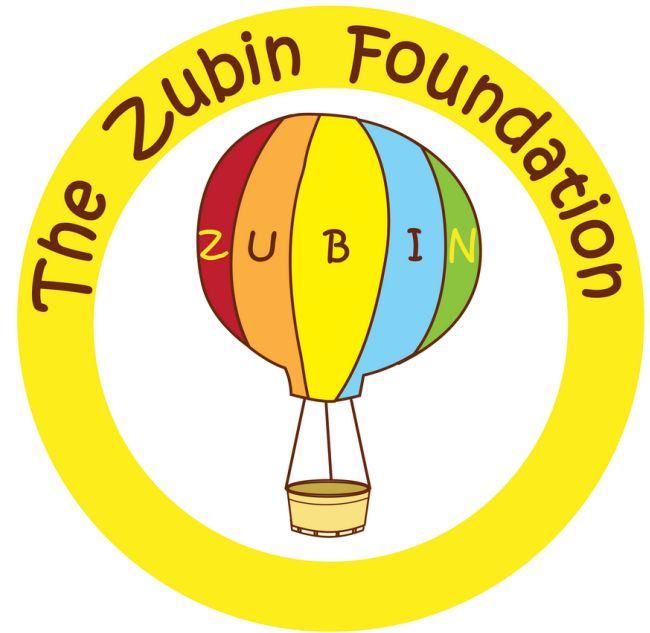
Attention: Ms Anky Chau, Office Manager


3) Donation by bank transfer to our bank account:

Bank name: HSBC

Account name: **The Zubin Mahtani Gidumal Foundation Limited**

Account number: **848 516316-292**





“Thank you to all our donors
and volunteers and to my
team. It has been such a
challenging year.”

Shalini Mahtani, CEO & Founder

Board Member:

1. Ravi Gidumal, Founder & Board Chairperson
2. Catherine Husted, Board Director
3. Guneet Banga, Board Director
4. Kishore Sakhrani, Board Director

Fundraising Committee:

1. Guneet Banga, Chairperson
2. Anne Fifer
3. Anjali Nihalchand
4. Don Taylor
5. Mohsin Gadit