



## Our Team Member's bio



### **Dr. Ravina Lalvani**

Dr. Ravina is a clinical psychologist. She specializes in humanistic existential psychotherapy, EMDR and mindfulness-based interventions for individuals suffering from grief, loss, depression, anxiety and trauma.



### **Dr. Melissa Ortega Giglio**

Dr. Giglio, is the Director at Central Health Partners Child Development Team. She is a trained therapist with over 15 years of experience, specializing in the treatment of childhood disorders, specifically selective mutism, oppositional defiant disorder (ODD), attention-deficit hyperactivity disorder (ADHD), and autism spectrum disorders. Dr. Giglio provides cognitive-behavioral therapy (CBT) to children and families, and is the creator of Confident Crew, an intensive therapy program for children diagnosed with selective mutism and social phobia.